



Toiletry Packing List Family Vacation

Hygiene

- toothbrush/toothpaste/floss
- glasses/contact lenses/supplies
- brush/comb
- makeup
- cleanser
- shaving supplies
- small shampoo + conditioner
- small moisturizer
- deodorant
- feminine hygiene items
- hand sanitizer
- extra gallon-size Ziploc bag

Baby/Toddler

- diaper rash cream
- baby bath/shampoo
- denture cleansing tablets*

Medical

- aspirin/pain relief
- children's aspirin/pain relief
- allergy/cold meds
- vitamins
- basic first-aid kit

Pool/Beach

- sunscreen
- sunburn cream
- lip balm
- baby powder**
- ear plugs/ear drops

The Great Outdoors

- sunscreen
- bug spray
- lip balm
- small packet of tissues

Ski /Snow

- sunscreen
- lip balm
- small packet of tissues

* Use denture cleansing tablets to disinfect baby's pacifiers, sippy cup lids, teethingers, etc.

** Sprinkle baby powder on skin just after visiting the beach and residual sand will fall off.

Use this list together with our other [family vacation packing lists](#).